



EDMC2019

the 2nd European Athletics Championships

Sunday, 13th October 2019 in Essen, Germany

International Open Deaf Marathon 2019

On occasion of the 2nd EDMC2019 around the Baldeneysee in Essen/GER the athletics department of the Deutscher Gehörlosen-Sportverband offers the opportunity for our national and international guests to take part in an **international open deaf marathon** for non-elite runners.

DATE/START	Sunday, October 13th 2019	10 AM
LOCATION	Essen – Baldeneysee/GER	
Three COURSES	INNOGY MARATHON	(42.195 km)
	(official time limit: 5:30 hours)	
	INNOGY SEASIDE RUN	(~17,6 km)
	ALLBAU RELAY MARATHON	
	4 runners or mixed (at least 2 women)	
	1. ~ 11km / 2. ~ 11,5km / 3. ~9km / 4. ~10,7km	
PARTICIPANTS	international deaf runners with a hearing loss of minimum 55 dB on the better ear; born in the year 2001 or earlier;	
REGISTRATION	via Internet https://iam.innogy.com/innogy-marathon after registration via internet please send an email to Thomas Goepfert dgsleichti@gmx.de with all respective data, name, birthdate and kind of race	
CATEGORIES	there will be an own category for the deaf runner own	
JOURNEY	train stop line S6 Essen-Hügel (about 10 Min from Essen Central Station)	
MORE INFORMATION here	https://iam.innogy.com/innogy-marathon	

for any further question please refer to

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We are looking forward to welcoming you in Essen!