



## EUROPEAN RECORDS ATHLETICS



### Junior Women

100m	12.30	Urbanski, Jessica	93	GER	12.07.2011	Kayseri	TUR
200m	25.03	Golovina, Ksenia	92	RUS	14.07.2011	Kayseri	TUR
400m	56.07	Golovina, Ksenia	92	RUS	25.09.2008	Izmir	TUR
800m	2:12.48	Abubiakirova, Iuliia	96	RUS	02.08.2013	Sofia	BUL
1000m	3:29.80	Lutz, Selina	81	SUI	23.09.2000	Copet Vevery	SUI
1500m	4:33.54	Peppers, Lauren	88	GBR	14.05.2005	Glasgow	GBR
1 mile		vacant					
3000m	10:17.71	Karlsson, Lycke	98	FIN	30.08.2014	Helsinki	FIN
5000m	18:19.58	Sydorenko, Anastasiia	94	UKR	21.07.2012	Toronto	CAN
10000m	42:22.97	Gainetdinova, Daria	85	RUS	31.07.2001	Roma	ITA
100m hurdles	14.76	Shapoval, Yuliya	88	UKR	10.07.2007	Sofia	BUL
400m hurdles	64.20	Chernysheva, Victoria	98	RUS	24.07.2017	Samsun	TUR
3000m steeplechase	11:17.22	Ruokonen, Sara-Elise	99	FIN	03.08.2018	Laitila	FIN
High jump	1.71	Borovskaya, Valeria	95	FIN	16.07.2011	Kayseri	TUR
Pole vault	3.02	Bednarek, Sarah	86	GER	21.07.2004	Troisdorf	GER
Long jump	5.68	Matviievska, Yuliia	02	UKR	27.08.2021	Lublin	POL
Triple jump	12.30	Bachmatiuk, Magdalena	86	POL	11.01.2005	Melbourne	AUS
Shot put	13.71	Kristoficova, Ivana	90	SVK	08.09.2009	Taipei	TPE
Discus throw	49.34	Raad, Trude	90	NOR	04.07.2009	Byrkekjo	NOR
Hammer throw	62.52	Raad, Trude	90	NOR	23.07.2009	Novi Sad	SRB
Javelin throw	49.20	Stefanac, Laura	98	CRO	27.07.2017	Samsun	TUR
Heptathlon	4.930	Klechkina, Anastesia	94	RUS	31.07.2013	Sofia	BUL
		15.03 - 1.61 - 12.01 – 27.13 / 5.49 – 33.83 – 2:26.61					
Decathlon		vacant					
4 x 100m relay	48.70	National team		RUS	30.06.2018	Sofia	BUL
		Mitko, Aleksandra 97 – Udodova, Oksana 99 – Molchanova, Iana 98 – Zrakovskaia, Aleksandra 98					
4 x 400m relay	3:54.11	National team		RUS	22.09.2012	Bydgoszcz	POL
		Kopaneva, Ekaterina 95 – Kalinevich, Margarita 95 – Abubiakirova, Iuliia 96 – Lemyakina, Alena 96					
10000m walk		vacant					
10km walk		vacant					

Status: 2023.01.01.

Awaiting Ratification  
Approved